

Activity	Experienced? (Yes or No)	Receiving/Giving/Both (R,G or B)	Willingness (0=Hard No, 5=Yes Please!)	Nuance/Context	Feelings
Age Play (Bigs/littles)					
Anal Play (Non penetrative)					
Anal Play (Penetrative)					
Beating (Hands)					
Beating (Tools, Toys)					
Being Bitten					
Biting					
Blindfolds					
Body Paints					
Bondage (Heavy/Suspension)					
Bondage (Rope)					

Bondage (Light)					
Boot Blacking					
Bruises					
Bukkake					
Butt Plugs					
Cages					
Caning					
Chains					
Chastity Devices					
Clothespins					
Cockrings					
Cock Worship					
Consensual Non- Consent Play					
Corsets					
Cross-Dressing					

Cum Play					
Cuddling					
Cuffs (Leather or Metal)					
Dildos					
Double Penetration					
Electrical Play (TENS unit, Violet Wand etc)					
Erotic Dance					
Exhibitionism					
Eye Contact					
Face Slapping					
Fisting					
Flogging					
Fluid Bonding					
Following Directions					

Food Play					
Foot Worship					
Gags (Ball, Cloth or Tape)					
Genital slapping/ spanking					
Hair Pulling					
Handjobs/Fingering					
High Heels					
Hot Wax					
Humiliation Play					
Ice Cubes					
Kneeling					
Leather Clothing					
Leather Restraints					
Lingerie					
Manacles/Irons					

Manicures/Pedicures					
Marks					
Massage					
Masturbation (In Front of Partner)					
Masturbation (Solo)					
Modeling for Erotic Photos					
Mutual Masturbation					
Nipple Play (Light)					
Nipple Play (Torture)					
Oral Sex					
Orgasm Denial					
Outdoor Sex					
Over-The-Knee Spanking					
Pain (mild to severe)					

Phone Sex					
Pinching					
Play Kidnapping					
Porn (Watching)					
Porn (Making Your Own)					
Punishment Scene					
Rimming					
Riding Crops					
Role Play (Teacher/ Student, Boss/ Employee, Strangers etc)					
Rubber/ Latex Clothing					
Saran Wrap					
Scenes (Religious, Medical etc)					
Scratching					

Service (Maid/ Butler etc)					
Shaving					
Shoe/Boot Worship					
Skinny Dipping					
"Slutty" Clothing- public or private play					
Spanking (with hands)					
Spanking (with tools- hair brush, paddle etc)					
Spit Play					
Spreader Bars					
Strap On Dildo					
Swapping (with other couples)					
Swinging (Multiple couples)					

Teasing (Physically)					
Teasing (Verbally)					
Tickling					
Triple Penetration					
Uniforms					
Vaginal Penetration (with toys, penis etc)					
Vibrator (Genitals)					
Vibrator (Anus)					
Vibrator (Nipples)					
Voyeurism					
Water Sports (Piss Play)					
Wearing Symbolic Items					
Whips					
Wooden Paddles					

Wrestling					
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Add some of your own ideas below:



Medical Conditions, Health Concerns or Allergies	
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After Care Needs/ Wants	
Other Ideas	
Words You Like Used	
Words You Don't Like Used	